

# A Special Message for African American Men About Prostate Cancer

## Important Facts Every African American Should Know About Prostate Cancer:

- Every hour in the United States, three African American men are told that they have Prostate Cancer.
- In less than 100 minutes another African American man will die from the disease.
- In the single decade of the 1990's, prostate cancer killed about 350,000 men, slightly more than the entire population of Cincinnati, Ohio.
- African American men have the highest rate of prostate cancer in the world.
- Early detection can save your life. Ask your doctor for an annual prostate exam by the age of 40. Get both a PSA blood test and a digital rectal exam annually.
- Track your PSA score which gives important information about your prostate gland. A change of 25% or more is a red flag, so see your doctor for a follow up visit.

